left up the hill until you reach a T-junction at North Dimson. Turn left again and walk down the road, turning right at *Middle*



Dimson crossroads.

Walk up Station Road (10) for about a mile, meeting the (A390) main road from *Callington*. Again take care when crossing this busy road to walk down the hill to **Gunnislake Station**.

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The Calstock Footpath Society is engaged in monitoring and caring for the paths throughout the villages and hamlets in the Parish that are used by the local community and visitors to the area.

Membership is open to all. £6 per annum which includes all Society walks.

Visit https://calstockfootpathsoc.org.uk

To obtain more guides:

Email calstockfootpath@gmail.com

Title: Gunnislake

Distance: 4 miles approx.

Gradient: Steep ascents and steps

Level of difficulty: Moderate.

Type of paths: Country lanes, riverside and woodland footpaths. Two road crossings.

Suggested map: OS Explorer 108.

Start/finish grid ref: *GPS:* N50° 30.983' W4° 13.171' - SX 427 708

Suitability for dogs: on leads only

Parking: Gunnislake Station

Public toilets: (nearest) Gunnislake village

Refreshments: Rising Sun, Gunnislake. White Hart, Chilsworthy and Cornish Arms Gunnislake.

Public Transport: Train: Plymouth to Gunnislake. Bus: 79, 79A. See www.traveline.info



A SERIES OF WALKS IN THE TAMAR VALLEY

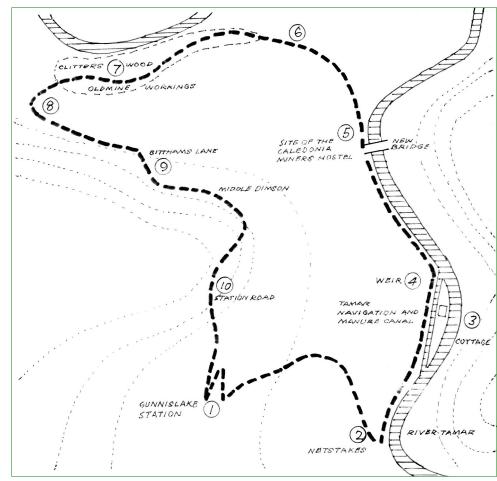
GUIDE NO 5

GUNNISLAKE

A 4.5-mile circular walk from Gunnislake Station through country lanes, riverside footpaths and woods.

A lot of ups and downs but a beautiful walk.

Allow 3.5 hours to complete this walk.



Allow at least three hours and take great care when crossing the main road at Newbridge and again on way back to Gunnislake Station.

Turn right out of the Gunnislake Station

car park **(1)** and shortly turn right again into *Wellpark Road.* Take the first turning on the



left down Stony Lane. Be careful as the lane is steep and can be slippery when wet.

At the bottom of the lane turn right and walk along *Calstock Road*, taking the first public footpath on your left. This takes you down to



Netstakes (2) and the River Tamar. Note the small lime kilns in this area. When you

reach the river follow the path along to the left, past the Tamar Navigation and Manure Canal through which barges used to transport limestone and coal. The lock-keeper's cottage (3) on the island is still inhabited although prone to flooding!

When the path opens out by some cottages, take the right hand track and keep to the river until you reach the main road at Newbridge. The **Weir (4)** you see on your walk was built in medieval times by the Abbots of Calstock Manor.

Cross straight over the road (taking great care). Keep to the Cornwall side of the river and do not cross the bridge. Walk past the **garage (5)** which was once the site of 'The Caledonia', a former miners' hostel, now demolished.

Follow the path straight ahead ignoring the



footpath signs on your left which takes you up some steep steps, and walk ahead

following the signs through Clitters Wood (6)

The walk takes you past the remains of old mine workings and quarries (7). This area is Whitesands spoil tip.

Follow the path climbing up through the woods until you reach the tarmac of **Bittams**



Lane (9). Ignore the Apple sign and turn