

Keeping the car park (6) to your right, follow the main path back to Calstock. There is one steep climb after the Chapel, and then make your way down the hill. Turn right on to the track/road and rejoin the road passing Danescombe Valley House on your left.

On reaching the main road at Calstock turn left up the hill. Then take the right turn back to Calstock Station.

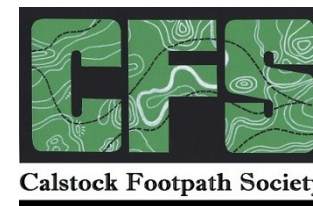
*The Calstock Footpath Society is engaged in monitoring and caring for the paths throughout the villages and hamlets in the Parish that are used by the local community and visitors to the area.*

*Membership is open to all. £6 per annum, which includes all Society walks.*

**Visit <https://calstockfootpathsoc.org.uk>**

**To obtain more guides:**

**Email [calstockfootpath@gmail.com](mailto:calstockfootpath@gmail.com)**



## A SERIES OF WALKS IN THE TAMAR VALLEY

### GUIDE NO 8

### Cotehele and beyond

A favourite walk, beginning at Calstock station and covering Danescombe, Norris Green, Metherell and Cotehele Quay.

A moderately easy 6 miles, with two steep sections, along quiet lanes, woodland and field paths.

There are opportunities for refreshments at Cotehele Quay and The Carpenters.

**Title:** Cotehele and beyond

**Distance:** 6 miles

**Gradient:** Two steep sections

**Level of difficulty:** Moderate/challenging

**Type of paths:** Quiet lanes, woodland and field paths

**Suggested map:** OS Explorer 108

**Start/finish grid.ref:** GPS: N50° 29' 51.52"  
W4°13' 23.73"  
SX437 685

**Suitability for dogs:** On leads in fields

**Parking:** Calstock station

**Refreshments:** Carpenter's Arms, Cotehele Quay

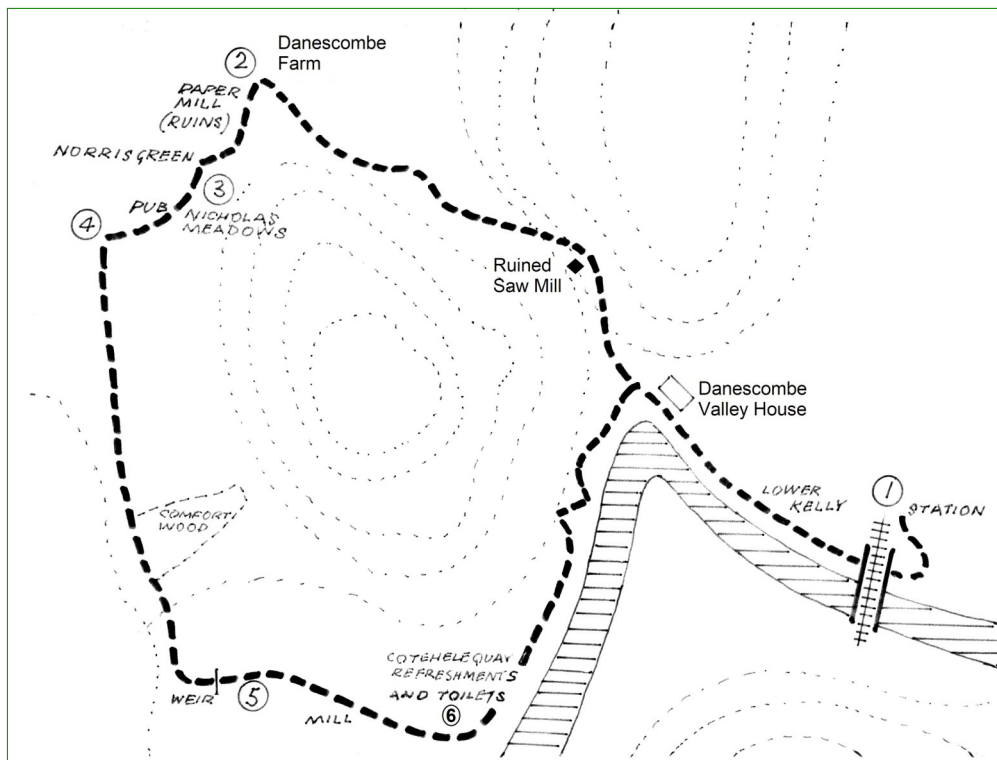
**Public toilets:** Cotehele Quay

**Public Transport:** Bus 79, 79A  
Train: Plymouth to Calstock (see map). See [www.traveline.info](http://www.traveline.info)

Published by Calstock Footpath Society 2014  
Updated May 2021

Supported by Calstock Parish Council,  
Devon & Cornwall Rail Partnership,  
The Queen's Head, Tamar Inn, Boot Inn, White Hart,  
Buccaneer, Cornish Inn, Tavistock Arms Hotel, Louis Tea  
Rooms, Premier Stores, Carpenter's Arms, Sandhill  
House and Andrew Brown.

Printed at The Printing Press, Plymouth PL4 0JW



Leaving **Calstock Station (1)** walk down the hill and turn right on to *Lower Kelly*. Continue straight on past the boatyard on the left. Just after Danescombe Valley House take the left hand fork. Eventually the road becomes a track. Ignore the sign to Cotehele and continue on up the valley until you meet the road. Turn left with **Danescombe Farm** on your right.

Proceed straight on. Do not take the road going left or the footpath sign to the right, but take the track between. Keep left past the ruins of the **paper mill** and left where

estate at **Nicholas Meadow**. After approx. 100yards turn right, and 20 yards down the road follow the narrow path tucked into the right hand corner. Pass through two metal kissing-gates into a field; keep the hedge on your right and pass through a wooden kissing-gate. Follow the track ignoring open entrances to left and right, and follow the narrow path with a high wall. Avoid left hand turning before continuing over a bridge on to the road passing *The Carpenter's Arms* pub on the right - handy for a drink and toilets.

Turn left at the T junction **(4)** and continue

the path forks. This is the steepest section on the walk. Go through the first kissing gate and on to the next that adjoins the road. Turn left up the hill past 'Friezeland' on the right.

At the 'T' junction turn left and then right at the 'Old Court Cottage'(3) and right at the 'T' junction signed to *Metherell, Harrowbarrow*. Continue past the bungalows on your left and turn left into the

past houses avoiding the side turning. At the point where the road bends right, take the public footpath straight ahead. Here you will see the best views of the walk. Cross the stile at the end of the path, taking care of the steep drop as you climb over and reach a narrow track. After a while bear left and immediately right, avoiding the footpath straight ahead. Skirt round the edge of Comfort Wood. On joining the road turn left. Continue to Newhouses then cross the road through a carriage gate.

Continue down the track past the **weir (5)** and sign to *Cotehele Mill*. On joining the road go straight ahead to *Cotehele Quay*. If time allows look round the Discovery Centre and enjoy the delights of the *Edgcumbe* restaurant which offers hot drinks and light lunches.

