

gap in the left hedge-bank (end of the shorter route). Turn left turn through the gap and then immediately right which will take you down a NT concessionary footpath, meeting the public footpath at the bottom of the wood. Otherwise continue down the enclosed public footpath to the road at the bottom of Comfort



Wood. Turn left, over the stream. From this point, retrace your steps to Cotehele Quay, with possible diversions to the house or the mill.

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Supported by Devon & Cornwall Rail Partnership,  
The Queen's Head, Tamar Inn, Boot Inn, White  
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*The Calstock Footpath Society is engaged in monitoring and caring for the paths throughout the villages and hamlets in the Parish that are used by the local community and visitors to the area.*

*Membership is open to all. £6 per annum which includes all Society walks.*

***<https://calstockfootpathsoc.org.uk>***

***Email [calstockfootpath@gmail.com](mailto:calstockfootpath@gmail.com)***

***Title:*** Circular Cotehele Quay via Metherell

***Distance:*** Approx 4 miles.

***Gradient:*** Moderate. Rough going in places

***Level of difficulty:*** Moderate/challenging

***Type of paths:*** Public footpaths & woodland paths,  
quiet roads

***Suggested map:*** OS Explorer 108

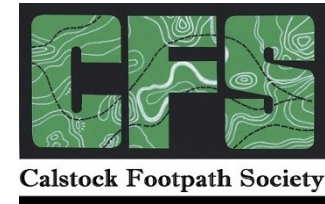
***Start/finish grid ref: GPS:*** N50°29' 28" W4°13' 23.73"  
SX 409 695

***Suitability for dogs:*** on leads in fields and in  
Cotehele Estate

***Parking:*** Cotehele Quay (parking charge - free to NT  
members).

***Refreshments:*** Carpenter's Arms in Metherell and  
The Edgcumbe, Cotehele Quay

***Public toilets:*** Cotehele Quay



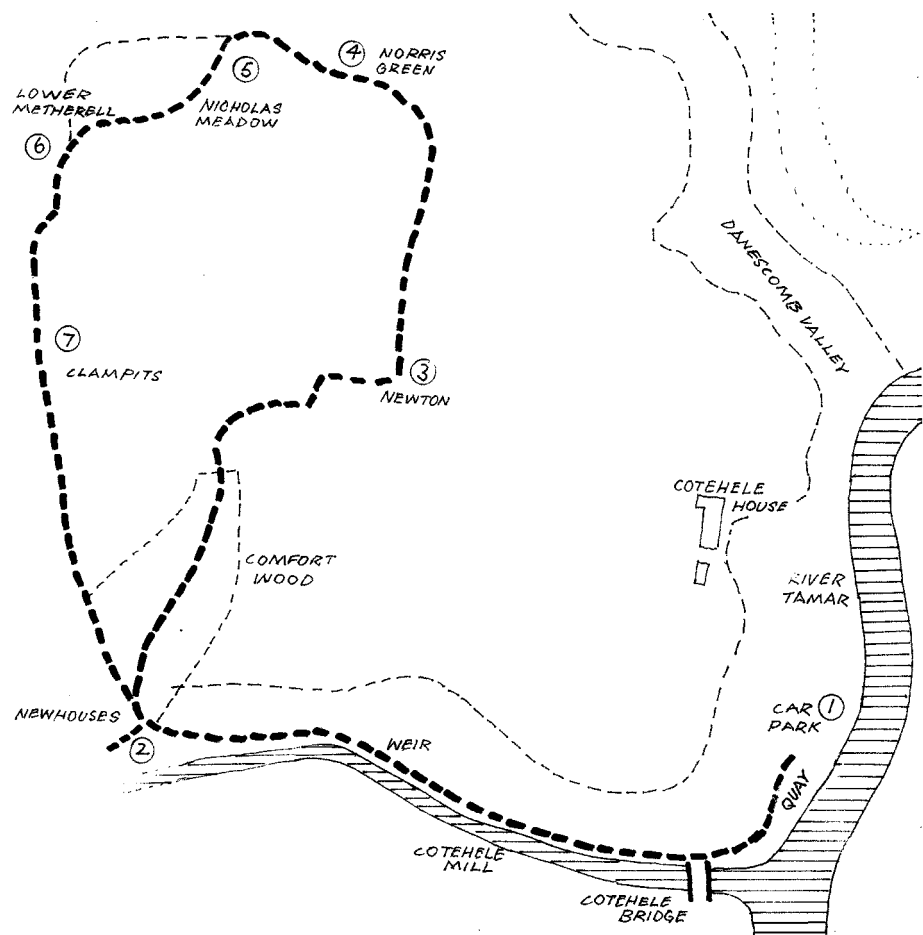
## A SERIES OF WALKS IN THE TAMAR VALLEY

### GUIDE NO 6

## COTEHELE QUAY to METHERELL Circular

A moderately challenging walk of approximately four miles, starting at Cotehele Quay, with optional visit to Cotehele Mill or House.

Route on public footpaths and quiet roads leads to Newhouses, Norris Green, Lower Metherell and Clampits before returning to the Quay (refreshments and toilets) through Cotehele Woods.



Park in the National Trust car park at **Cotehele Quay (1)** - payment or free to NT members. Leave the car park by the main entrance. Follow the quay downstream to the public road, passing the Discovery Centre on your right. Turn left at the road. At Cotehele Bridge on your left, follow the track ahead. Bear right at the first junction, unless visiting the mill, and left at the next, unless visiting the house. At the

**junction for a shorter walk**). After about 200 yards go through the gate and to the right up the avenue of newly-planted trees. This is a concessionary path. At the top of the field go through the kissing gate and turn left.

You are now in the hamlet of **Newton (3)**. Follow the road to the right. Turn left at the 'T' junction, left again at the next junction and left again at the fork in the hamlet of **Norris Green (4)**, signposted *Metherell*.

weir (resting point), continue ahead. Go through the gate on to the public road at **Newhouses (2)**. For a short diversion, turn left down to *Boar's Bridge*; otherwise continue across the road into the minor road opposite.

Continue along the road and just before the stream which goes under the road, turn right through the gap in the wall beside the gate. Follow the concessionary track up through *Comfort Wood*, crossing the stream. Keep ahead at the junction of tracks, re-crossing the stream (turn left at this

Turn left into the estate of new houses at *Nicholas Meadow*. Take the road on the right and then the enclosed footpath straight ahead at the bottom of the slope, the footpath sign is cunningly concealed. Pass through the kissing gate, across the bottom of the private garden and through the second kissing gate. Walk through the field, keeping to the hedge on your right, and go through the kissing gate beside the gate at the bottom of the field. Take the track ahead and the enclosed footpath to the right of the high wall.

Cross the stream into the village of **Metherell (6)**. Walk on up the road, passing the front of the *Carpenter's Arms*. Turn left at the 'T' junction then straight on for about 400

yards. In the settlement of **Clampits (7)**, where the road turns right, continue ahead (gated field) on the signed footpath, walking with the hedge on your left. Where the hedge ends, continue across the field and over the stile. Before passing through the next field boundary, a

